Ageing, Disability
and Spirituality
Addressing the Challenge of Disability in Later Life

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Aging, Disability and Spirituality

Addressing the Challenge of Disability in Later Life
Introduction

Human Pastoral Ministry

With Disabilities

for the Ageing and Persons

Theology of Pastoral Care

Buddhist Perspectives for a

Bodhi, Karuna and Metta:

CHAPTER 12
The significance of Buddhism for a theology of pastoral care

(Year 1988)

Buddhism, with its emphasis on the internal experience of the individual, offers a unique perspective on pastoral care. The teachings of Buddhism, which emphasize the importance of mindfulness and compassion, can provide valuable insights for pastoral caregivers.

1. The teachings of Buddhism can help shape the core values of pastoral care.

2. The practice of mindfulness can be incorporated into the pastoral care process.

3. The concept of compassion can guide the way in which pastoral care is delivered.

By integrating these elements, pastoral caregivers can enhance their ability to provide effective support to those in need.

The Australian Bureau of Statistics (2002) defines disability as "a significant limitation in activity associated with health and personal care needs that prevent an individual from participating fully in social and economic activity".